



FITNESS & REHAB FORUM

Presents

THE BACK REHAB COURSE

Comprehensive Physiotherapy Workshop

28th & 29th September 2024

VENUE:

Savera Hotel, Chennai

FEES :

Registration Fee: ₹6500/- plus tax

Early Bird Registration Fee: ₹5000/- plus
tax until August 15, 2024

CONTACT US::

Mr. Gautham : 9551277275
enquiry@frf.co.in

Limited Registration Only!

www.frf.co.in



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Key Speakers:

Mr. Earnest Vijay MSPT, COMT (Aus)

Sports & Manipulative Physiotherapist
Fitness & Rehab Director, O2 Health Studio
Chennai.



Mr. Sravan Kumar MSPT, MIAP

Sports Physiotherapist & Incharge
Department of Physiotherapy
Nizam institute of Medical Sciences,
Hyderabad .



Dr. Muthukumar, MPT (Sports), PhD

Sports Physiotherapist
Principal, School of Physiotherapy,
Sri Balaji Vidyapeeth
(Deemed to be University)
Chennai.



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KEY TOPICS

TOPIC
Clinical Reasoning & Case studies in LBP
Recent Trends & Research in LBP
Sports Injuries and Rehabilitation in Athletes Back
Orthopedic Manual Concepts in LS Spine (Joint Mobilisations & Manipulations)



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TOPIC
Exercise Therapy for LBP
Soft Tissue Therapy in LBP
Alternative Therapies for LBP (Dry Needling / Cupping / Taping)
Functional Training for Athletes Low Back Pain

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